

YOUR COMING TO EASTER SHIAN

RESET  
TO  
RESTORE



A joint venture of RLC Global & Easter Shian Events





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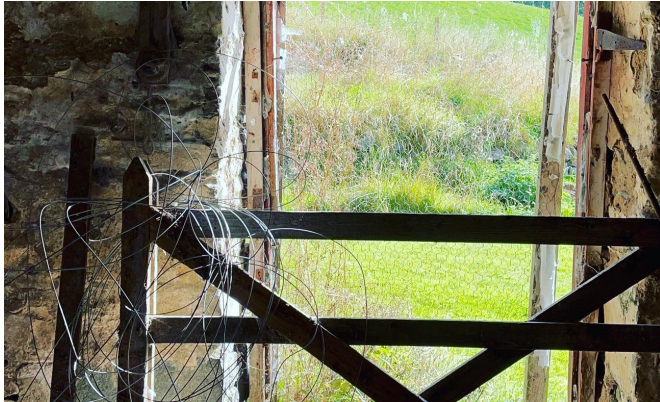
# The Story

PAGE 02

*Reset to Restore Easter Shian the  
space for your brain*

YOUR STAY

# The story behind EASTER SHIAN



WELCOME TO EASTER SHIAN

The location of  
where we end up  
being ,is where we  
are meant to be.

**Easter Shian came to us and not us to it. That is the power of the place. Surrounded by Scottish highlands, shians (hills) and embedded into nature. Life is driven by the seasons, the pace is by nature and outcomes are always what you needed.**

Intentional experience has been a part of our life from setting up RLC Global, its many iterations; even evolution has been part of this. Therefore, finding a location that continues that intentionality has been one we actively sought.

We moved to Mallorca for nearly three years, we, fortunately, found the right space there too. Our experience there was truly magical and we have found a spirit home on the little island yet, the timing was happening to us, and our return. We made a conscious decision that it would always be Scotland, we just had to find the right house. The active process of looking was through elimination and experiencing each location; then, we found Easter Shian. We had overlooked the house, being on our "watch list", yet we didn't visit it. It was our final location to visit.

It's rural, secluded, and even in what's called The Secret Glen of Perthshire. We got warned by the selling agent that it wasn't for everyone- this had instant appeal to us! We visited mid pandemic and saw it from afar and we knew without even going inside.

The house was built in 1705 (1795) in debate currently and working with a historian to find the actual date. It has two large barns, has been restored twice. Once sympathetically in the 1980s then in the mid-1990s, previous owners (that are very few) removed the original features. So it's not had many owners being in one family for over 200 years. Our role is as custodians of the house, creating a legacy and for others to experience Easter Shian.

So here you are....

# EASTER SHIAN



Easter Shian in an overhaul after being neglected 20 years or so in the 1950-the 1970s it was bought by the Tester Family and they converted vintage cars in the barns plus renovated the inside of the house adding the top floor conversion. The family stayed here for over 28 years.



The first 12-month restoration and renovation have not just been aesthetic it's required full functional updates too- a new pure water, filtered supply which is direct from the mountains, heating, plumbing, electrics, window and doors. We've also been able to connect with the generational family who built the house and we are working together to build the full house and family genealogy.

WELCOME TO EASTER SHIAN

Easter Shian has many benefits that can override the fast, frenetic, noisy, full world we live in. We want others to experience a moment, a time, a memory that you can reflect on to gather thought, calm, serenity, slower pace, most of all, notice what you dont notice!

The other quality Easter Shian shares is a connection to nature. Seasonal living, observing, noticing, being IN nature is a beautiful experience and can change our thought process. Challenges our resilience, grit and courage

Reset and Restore an ever-evolving name is created as a mini immersion into what the house and Dave & Debbie can share with you.

## Living and & Doing Intentionality



# EXPECTATIONS

Have no expectations only intentional outcomes

Expectations are what can create our discombobulation, our lack of consistency or a disconnect to [personal values. We ask you to come with no expectations which is easy to say. We are aware you are entering a home, a place of difference, foreign territory for some it may be their first visit to Scotland Highlands. For you, it might be a time of change or transition that all bring expectations.

THE REASON YOU ARE COMING TO EASTER SHIAN IS TO CHALLENGE YOUR EXPECTATIONS, SO HAVING NONE IS A GREAT STARTING POINT!

What we do ask of you is to be intentional.

Intentionality is about focus from the words you speak, to listening in since. To an action as simple as having coffee to an intense hike up Shian. Applying intentionality to each task is our only ask of you whilst you travel to, stay at and travel home from Easter Shian.

Intentionality takes effort, concentration and patience. Having expectations removes intentionally as you've already assumed and judged what might be an outcome.

HAVE WE EVER  
THOUGHT THAT BEING  
LOST IS OUR  
DESTINATION?

CRAIG D. LOUNSBROUGH.



## ROUTE

We ask you to get to  
Edinburgh and then go full  
analogue  
map, written and verbal  
instruction only.



WELCOME TO EASTER SHIAN

## INTENTION IN EVERY ACTION

We ask everyone to drive/fly/ train to get to Edinburgh. whether you fly into Edinburgh, train or drive from your home location we base all the intentional journey from Edinburgh for many reasons.

**1. Disconnection.** For most of our reset & restore guests it's far from home to start a disconnection from normal routines.

**2. Disruption** (pattern interrupt) of thought through seeing and experiencing different environments is powerful

**3. Choose** to see the route. The signs. The changing landscapes. The weather. The density to lack of traffic.



An intentional  
JOURNEY

# PRE WORK

We do set some pre-work. Simple actions to prepare you. Resetting and Restoring is achieved through multiple things. Also, pre-work is indicative of your seriousness and personal investment .

INTENTIONALITY  
means action

We provide you with everything you need for reflection, journaling, action, review, self-assessment and more. You get everything sent to you prior to arriving at Easter Shian, to allow you to start the intentional actions.

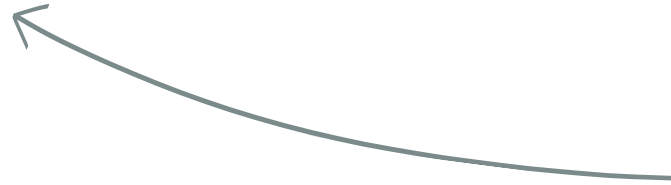
*Change, impact & influence only come  
from action*

# AFTER WORK

The After work is you. You decide. You Choose. Your experience.

Easter Shian Reset & Restore

# YOUR DAY



Personalised and bespoke each day is guided by the nature we live in. We also go with what level of activity you choose. Rest, Sleep are essential ingredients in intentionality, and we start there.

**Easter Shians joy is the serenity, seclusion and its connection to nature. The essence of reset & restore is reconnecting to natural cycles, removing predictability, fostering days that have flexibility, flux, and flow.**



Easter Shian Reset & Restore

# YOUR NIGHT



**As the light falls  
we build a fire  
and build a  
conversation for  
future thoughts**

Personalised and bespoke flows into each evening your stay, from exploring the day's conversations to activities around Easter Shian or eating in or out.

We focus on personal levels of energy and support first.

EASTER SHIAN FARM  
GLEN QUAICH ROAD  
AMULREE  
DUNKELD  
PERTHSHIRE  
PH8 ODB

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